

# School Counselor Updates & Supports

## School of the Arts

### April 30, 2020



#### AP Testing Updates

- **AP Exam Schedule** - Check SOTA website for most up to date information on AP Exams, contact your AP teacher or counselor with any questions.
  - <https://www.rcsdk12.org/domain/13163>

#### College/Post-Secondary Planning Supports:

##### Sophomores

- Please complete the Google Form to schedule a meeting with your counselor to discuss schedule for Junior year - <https://forms.gle/ajXCc62zTSFsgJnq7>
  - Upon form completion your counselor will reach out to schedule time for meeting

##### Seniors

- **Scholarship Filing Cabinet** - Check the SOTA website for the most up to date scholarship applications. <https://www.rcsdk12.org/Page/35981>
- **Student Government Scholarship** - <https://forms.gle/XhmqNR7kL7yzgPi9> Deadline May 22, 2020
- **Financial Aid Comparison Tool** - Link to support tool from NYS Higher Education Services Corporation to compare financial aid packages <https://www.hesc.ny.gov/prepare-for-college/applying-to-college/comparing-college-award-letters/financial-aid-comparison-tool.html>
- **Rochester Education Foundation** - Additional resources for support in college planning and financial aid <https://www.rochestereducation.org/>

##### Juniors

- **Class of 2020 Google Classroom Code:Y3G6XQP**
- **The College Board has canceled the May and June SAT.**
  - Fall SAT Dates: August 29, September 26, October 3, November 7 and December 5.
  - SOTA is scheduled to be a test center for the September and November test dates
  - Register for exam - <https://www.collegeboard.org/>
- **State University of New York (SUNY) Virtual College Events-** Go to <https://www.suny.edu/attend/events/virtual-college-fair/>
- **Syracuse University Virtual Events-** Go to <https://www.syracuse.edu/admissions/undergraduate/contact/webinars/>
- **Video on the college search and application process** <https://www.youtube.com/watch?v=yydL27uS2N4&feature=youtu.be>
- **College board Opportunity Scholarship** - <https://opportunity.collegeboard.org/>

**All Grade Levels** - Please continue to work on Naviance accounts and complete assigned tasks:

<https://student.naviance.com/sotarts> - Use the "Login with Clever" box to access account and use district Google Account


## Education Resources:

- **RCSD Learns** - Educational resources are now available at RCSD Learns, including links to Brain Pop, Zearn and online reading. If you do not know your student ID or password, please call our support hotline at 585-262-8700.
  - <https://sites.google.com/rcsd121.org/rcsdlearns/rcsd-learns>
- **School of the Arts Learning @ Home Information for Families** -
  - [https://docs.google.com/document/d/e/2PACX-1vSS\\_wwCvp9N3jt5ax3\\_TXr9RTzBY1m-mRXtT WXkglScshFMC0Prup2Az2M-qgFZ6zI92TNnO9ZjLAPo/pub](https://docs.google.com/document/d/e/2PACX-1vSS_wwCvp9N3jt5ax3_TXr9RTzBY1m-mRXtT WXkglScshFMC0Prup2Az2M-qgFZ6zI92TNnO9ZjLAPo/pub)
- **Khan Academy - Online learning options**
  - SAT Preparation Classes - Students can use CollegeBoard account and District Google account to link for individualized preparation
  - <https://www.khanacademy.org/>
- **SOTA Counselor Website** - Links and information many different resources
  - <https://www.rcsdk12.org/domain/13094>
- **Online Credit Recovery (OCR)** - Take advantage of OCR courses during school closure to recover credits.

<b>PS4</b>	<ul style="list-style-type: none"> <li>● Limited browser capabilities</li> <li>● Read to you functions do not work in apps</li> </ul>
myON	Can read books but does not read to you
Lexia/Core 5	Doesn't work - must have a regular browser (i.e. Google, Firefox, etc.)
Raz-Kids	Can read books but does not read to you; probably limited functionality in assessment for recording
Zearn	Can watch/hear the videos and input answers
BrainPop (Jr/EI)	Can watch videos but does not read titles in Jr.
App: YouTube	Search for teacher's channel
<b>Xbox One</b>	<ul style="list-style-type: none"> <li>● Regular browser capabilities - Microsoft Edge (didn't try others)</li> </ul>
myON	Can read books <u>and</u> does read to you
Lexia/Core 5	Works (didn't do much testing)
Raz-Kids	Can read books <u>and</u> does read to you; may have functionality in assessment for recording
Zearn	Can watch/hear the videos and input answers
BrainPop (Jr/EI)	Can watch videos <u>and</u> does read titles in Jr.
App: YouTube	Search for teacher's channel

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## ROConnect - Video Game Systems (PS4 & Xbox One)

<ol style="list-style-type: none"> <li>1. Open web browser on game system</li> <li>2. Go to <a href="https://roconnect.rcsdk12.org">roconnect.rcsdk12.org</a></li> <li>3. Click "Sign in with Google"</li> <li>4. Sign in with RCSD 121 email: 890____@rcsd121.org</li> <li>5. Enter Password which is birth date formatted as MMDDYYYY (i.e. 08152012)</li> <li>6. Next you will see a page with all the ROConnect apps that are available such as myOn, Lexia, Zearn, etc.</li> <li>7. Select and click app, student will be automatically signed in</li> </ol>	 <p><b>SUGGESTION</b> If possible, you may want to connect a keyboard (did not try)</p>
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## Regents Exam Update:

- The New York State Department of Education has canceled June Regents exams. If you are currently taking a course that ends in a Regents exam, you will need to earn credit for the course in order to be granted an exemption from the exam requirement. **If you have questions about how the Regents exam exemptions affect you, please contact your counselor.** Please see the links below from the NYS Department of Education for more information.
- <http://www.nysed.gov/common/nysed/files/programs/coronavirus/nysed-covid-19-memo-cancellation-june-2020-regents-exams.pdf>
- <http://www.nysed.gov/common/nysed/files/programs/coronavirus/nysed-covid-19-regents-grad-req-faq.pdf>

### **Summer of Opportunity & Work Permits:**

- **Summer of Opportunity (SOOP)** - Please refer directly to SOOP website for updates, changes in deadlines and options to submit documentation. - <https://www.cityofrochester.gov/soop/>
- **Work permits** - please visit the SOTA website for updated work permit instructions: [www.sotarochester.org](http://www.sotarochester.org) This information has been emailed to all 9-12 grade students

### **Student and Family Support Information:**

- **Monroe County Services:**
  - <https://www2.monroecounty.gov/mh-emergency-resources> -Please call numbers first; many services have been impacted by shutdowns related to COVID-19
  - COVID-19 Updates - <https://www2.monroecounty.gov/health-COVID-19>
  - Meal Distribution Sites - <https://www2.monroecounty.gov/youth-index.php>
- **Rochester Community Mobile Crisis Team through Strong Behavioral Health:** Call 529-3721, Comprehensive Psychiatric Emergency Program that offers on-site services for children, adolescents, and adults in Monroe County.
- **NATIONAL SUICIDE PREVENTION LIFELINE:** 1-800-273-TALK (8255)
- **Local:** 2-1-1 Crisis Live Chat ([click here](#)) 8am-11pm, 7 days a week
- **Crisis Intervention** (Thoughts of Suicide, Anxiety, Depression): Text HOME to 741741
- **The Trevor Project** (Crisis Intervention, Support for LGBTQ youth): 1-866-488-7386 or text START to 678678
- **National Drug Helpline** (Drug and Alcohol Education, Treatment, Referral): 1-844-289-0879
- **Coping with Emotional Well-Being During Covid-19**

With the adoption of social distancing and encouragement from federal, state and local governments to stay home, it's common to feel lonely or isolated. However, in today's technological society, it's easier than ever to connect with friends and family to maintain relationships virtually. Platforms like Facetime, Google Hangout and Skype are great for online interaction and activities!

During this time, it is helpful to establish a routine. Routines help us to cope with change, to form healthy habits and to reduce our stress levels. This includes meditating, stretching, working out regularly, sticking to a healthy sleep schedule and making time for activities that you enjoy.

Don't forget that your SOTA teachers, counselors, socials workers, administrators and staff are here for you and thinking of you!

Stay safe and healthy everyone!

Mrs. Gillman, The Center for Youth Prevention Counselor  
[arosekrans@centerforyouth.net](mailto:arosekrans@centerforyouth.net)



# MONROE COUNTY DRIVE THRU FOOD DISTRIBUTIONS

Foodlink is partnering with six sites across Monroe County to distribute emergency food supply boxes in response to the COVID-19 public health crisis. These will be drive thru, no touch distributions.

## **PRE-REGISTRATION IS REQUIRED.**

No walk-ups or unregistered individuals will be served.

**ROCHESTER PUBLIC MARKET**  
280 Union St N – Rochester 14609  
Wednesday, April 8 – 2pm to 6pm

**IRONDEQUOIT DPW**  
2629 E. Ridge Rd, Rochester 14622  
Tuesday, April 14 – 10am to 2pm

**GATES TOWN HALL**  
1605 Buffalo Rd, Rochester 14624  
Thursday, April 16 – 2pm to 6pm

**BROCKPORT MIDDLE SCHOOL**  
40 Allen St, Brockport 14420  
Friday, April 10 – 10am to 2pm

**BULLS HEAD PLAZA**  
855 W. Main St, Rochester 14611  
Wed., April 15 – 10am to 2pm

**FOODLINK HEADQUARTERS**  
1999 Mt Read Blvd, Rochester – 14615  
Saturday, April 18 – 10am to 2pm

**TO PRE-REGISTER FOR AN EMERGENCY FOOD BOX DISTRIBUTION  
PLEASE CALL 2-1-1 TODAY OR TEXT 898-211 TODAY.**

*First to call, first to be served.*

More distributions will be scheduled in the coming weeks.

Special thanks to Monroe County, City of Rochester, Town of Irondequoit, Town of Gates, Village of Brockport, Rochester Police Department, Monroe County Sheriff's Office, United Way of Greater Rochester and 211 Lifeline.

- **SOTA Stream News - Please continue to check the SOTA Stream News for updates and to stay connected with SOTA.**
- **Join the SOTA Community Google Classroom page with the code: kfoad43.**